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Drinking daily juices and smoothies is a great way to get all the vitamins and nutrients you need to maintain a balanced diet, as well as being an easy and delicious way to keep hunger at bay.

Inked Octopus E-Juice Premium - Octopus E-Juice Description Inked. Inked is reminiscent of delicious pink salt water taffy found along the shore lines of the West Coast. Octopus E-Juice's signature strawberry is blended to perfection is this amazing all day vape.

Threes and smoothes. (Book, 2009) [World Cat.org]
Presents recipes for juices and smoothies. This book
includes tips on juicing and nutritional information for the
various recipes.