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Pedram Shojai is a dynamic teacher, Taoist minister, and lifelong student of various Alchemical Traditions. A master herbalist, licensed acupuncturist, and wellness consultant, Pedram has worked with individuals, companies, and groups for several years teaching transformative practice and meditation.

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Dr. Pedram Shojai is a man with many titles. He is the founder of Well.Org, the editor of BeMore! Magazine, the author of Rise and Shine (Process, 2011), NYT Best Selling author of The Urban Monk (2016), the producer and director of the movies Vitality, and Origins. In his spare time, he's also a Taoist Abbot, a doctor of Oriental medicine, a kung fu world traveler, a fierce

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