

## **SAFE USES OF CORTISOL 3RD EDITION BY WILLIAM MCK JEFFERIES%0A**

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The Safe Use of Cortisol by William Mck Jefferies MD is a medical classic, and along with its companion classic by Broda Barnes, Hypothyroidism, the Unsuspected Illness, both books should be required reading by every medical student and MD and deserve a prominent place in every medical library. I have read both numerous times, and plan to re-read both again.

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This edition has been revised and reorganized with current chapters focusing on the history of cortisol use, sources of confusion regarding cortisol therapy, the significance of normal adrenocortical function, generally accepted uses of physiological dosage, viral infections, miscellaneous clinical conditions, and future directions for research and therapy. The author provides explanation and confirmation of the rationale for the effectiveness and safety of the uses of physiological dosages

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### **SAFE USES OF CORTISOL HormoneBalance org**

SAFE USES OF CORTISOL This book is the ultimate reference on cortisol by Dr. William Mck. Jefferies. It can be purchased directly from the publisher.

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The Third Edition of this popular book brings up to date the material that so many readers found helpful in the previous editions. The text has been revised and reorganized with current chapters focusing on the history of cortisol use, sources of confusion regarding cortisol therapy, the significance of normal adrenocortical function, generally

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