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Addicted as we might be to the quick fix--pills, crash diets or just diverting attention from things about to go wrong--the quick fix never really works. Trying to solve problems in a hurry, sticking on a plaster when surgery is needed, might deliver temporary relief, but only at the price of storing up worse trouble for later.

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The Slow Fix Solve Problems Work Smarter and Live Better

The subtitle of his latest book - solve problems, work smarter and live better in a fast world gives the reader an indication of the subject matter of The Slow Fix. Essentially this book is a practical guide to walking the tal Carl Honor is a Canadian writer, often referred to as the guru of slow .

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All the Ingredients from The Slow Fix by Carl Honor

Quick Summary of The Slow Fix: Solve Problems, Work Smarter, and Live Better in a World Addicted to Speed by Carl Honor I read many books, blogs, articles, and academic papers for my research into the art of problem solving.

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Carl Honore The Slow Fix

If we slow down, if we learn to do everything as well (rather than as fast) as possible, we can not only solve problems, work smarter and live better. We can also create a better world. We can also create a better world.

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In The Slow Fix, bestselling author Carl Honor delivers an exhilarating model for effective problem-solving, and provides brilliant insights on how you can solve problems, work smarter, and live better.

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Editors' Pick 'The Slow Fix' Rewire Me

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