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Why We Run is brilliantly written, deeply emotional, raw and honest. Robin scrapes away the superficial dermis and offers a rare glimpse into the mindset and motivation of a long-distance runner * Dean Karnazes, Ultramarathoner and NY Times bestselling author * Harvie writes intricately on how such a limit-busting endeavour (the Spartathlon) made him understand himself, his journey into Why We Run, by Robin Harvie - The Flying Runner Why We Run, by Robin Harvie, 10 July 2014 by Sarah Wightman Leave a Comment. Why We Run: A Story of Obsession, by Robin Harvie (2012, John Murray Publishers; London, 304 pages) This book made me wonder if there is perhaps a large intersection of ultra-runners and deep thinkers. It would be hard to know if there were a cause and effect here whether the number of hours spent running such

[Why We Run: A Story of Obsession by Robin Harvie review ...](#)

As Harvie confronts his family's past and traces his own shift into adulthood, Why We Run becomes a paean to the transformative effect of pushing your body way beyond your imagined limits.

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Why We Run: A Story of Obsession and over one million other books are available for Amazon Kindle. Learn more [Why We Run by Robin Harvie - Goodreads](#)

A consuming tale of one man's obsession with long-distance running and a blistering look at his attempt to run the oldest and toughest footrace in history To ask other readers questions about Why We Run, please sign up. Be the first to ask a question about Why We Run I picked this up because the

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Through the scorching heat of the desert and into the darkest hours of the morning, Why We Run reveals the beating heart of the brutal and profoundly intoxicating experience of running. If you have ever wondered what makes you lace up your trainers, and why you keep coming back for more, this is your story too.

[Why We Run by Robin Harvie - Goodreads](#)

A poetic book on running and why we ru There is a lot from literature that the author quotes and sometimes even the sentences are a bit windy making them difficult to follow easily. In the end I loved the values Harvie

emphasises through-out, that of commitment and caring.
Why We Run: A Story of Obsession by Robin Harvie - Books ...

Why We Run: A Story of Obsession - Ebook written by Robin Harvie. Read this book using Google Play Books app on your PC, android, iOS devices. Download for offline reading, highlight, bookmark or take notes while you read Why We Run: A Story of Obsession.

Robin Harvie - the marathon man | London Evening Standard

Robin Harvie is a man obsessed. I know this before we meet, because I've read his book, *Why We Run*, an honest confession of monomania, frankly subtitled *A Story of Obsession*. Still, I'm not quite

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Everyone can run. Whether it is a jog around the park on a Sunday morning, or lining up with 40,000 other people at the start of the London Marathon, all it requires is a pair of trainers and the open road.